

Link Headband

by Shaina Bilow 



Two balls of Filatura Di Crosa "Zara" one strand burgundy & one strand purple



Two balls of Filatura Di Crosa "Zara 14" in black

Finished measurements: 19" circumference x 4" width

Gauge: 21 stitches and 18 rows = 4" in k1p1 ribbing

Needles: US 10.5 (6.5mm) or size needed to obtain gauge

Yarn: 100 yards Chunky weight (CYCA #5) yarn or 100 yards

EACH of two colors of DK weight (CYCA #3) to be held together

Additional materials: tapestry needle, lock-ring stitch marker to distinguish RS

The Link Headband is a simple project that will keep your ears toasty warm on chilly days. Worked in one piece with minimal seaming, it's a great project for beginners or for anyone who needs to knit a quick gift!



K1p1 ribbing (over an even # of stitches)
Every row: slip 1 purlwise with yarn in back,
*p1, k1; repeat from * to the last stitch, p1.

Instructions

Using the backward loop method, cast on 10 stitches. Mark 1st row as the RS row.
Work in k1p1 ribbing until piece measures 5" ending after completing a RS row.
Using the backward loop method, cast on an additional 10 stitches (20 stitches total).
Continue in k1p1 ribbing until piece measures 16" from the second cast-on, ending after completing a RS row.
Bind off 10 stitches at the beginning of the next WS row (10 stitches remain).
Continue in k1p1 ribbing on these 10 stitches for 5" more and bind off.

Finishing

Sew one tab onto its adjacent cast on/bind off section. Thread opposite tab through newly created loop. Sew this tab to its adjacent cast on/bind off edge. Weave in tails and block.

Advanced knitters can make this project with a few extra techniques and much less seaming! Cast on provisionally and work to 5". Unravel the provisional cast-on and align all 20 stitches on the needles next to each other. Work for 16" on these 20 stitches and then leave 10 stitches on a holder. Work 5" more on the remaining 10 stitches. Thread the tab through the loop at the beginning, and then graft the live stitches together. Weave in tails and block.

Finishing the Link Headband

Step 1: attach one tab to its adjacent cast on/bind off section



Step 2: thread remaining tab through the newly created loop from the first tab and then attach the tab to its adjacent cast on/bind off section

Abbreviations

K – knit; **P** – purl; **RS** – right side of the work; **WS** – wrong side of the work